First Aid at Work

Delivered and certified through a partner's licensed, approved training centre. Booked and supported by Sterling Risk Group.

3 days	Certified	Up to 12
DURATION	ON SUCCESSFUL COMPLETION	LEARNERS PER INSTRUCTOR

Who it is for

For nominated workplace first aiders, and for security, household and corporate staff who want a thorough first aid grounding.

What it typically covers

- Role and responsibilities of a first aider; assessing an incident safely
- Adult CPR and use of an AED; the unresponsive casualty and recovery position
- Choking, shock, bleeding and wounds
- Burns, fractures, head, neck and spinal injuries, chest injuries
- Sudden illness: heart attack, stroke, seizures, asthma, diabetic emergencies and severe allergic reactions
- Poisoning, eye injuries and minor injuries; record keeping

Content follows the standard UK course of this type. Exact syllabus and assessment are confirmed when you book.

Good to know

- Small groups, with up to 12 learners per instructor, and up to 6 on FREC courses.
- Courses can be arranged for teams, households and organisations.

REQUEST A QUOTE

Price on request. Email **info@sterlingriskgroup.com** with the course name, number of learners and preferred dates, or use the form at sterlingriskgroup.com/training.

COMING SOON