Emergency First Aid at Work

Delivered and certified through a partner's licensed, approved training centre. Booked and supported by Sterling Risk Group.

1 day	Certified	Up to 12
DURATION	ON SUCCESSFUL COMPLETION	LEARNERS PER INSTRUCTOR

Who it is for

For emergency first aiders in lower-risk settings, or as an introduction to first aid.

What it typically covers

- Role and responsibilities of an emergency first aider
- Assessing an incident and the unresponsive casualty
- Adult CPR and use of an AED; recovery position
- Choking, seizures and shock
- Bleeding, wounds and minor injuries

Content follows the standard UK course of this type. Exact syllabus and assessment are confirmed when you book.

Good to know

- Small groups, with up to 12 learners per instructor, and up to 6 on FREC courses.
- Courses can be arranged for teams, households and organisations.

REQUEST A QUOTE

Price on request. Email **info@sterlingriskgroup.com** with the course name, number of learners and preferred dates, or use the form at sterlingriskgroup.com/training.

COMING SOON