CPR & AED

Delivered and certified through a partner's licensed, approved training centre. Booked and supported by Sterling Risk Group.

HALF A DAY	CERTIFIED	UP TO 12
DURATION	ON SUCCESSFUL COMPLETION	LEARNERS PER INSTRUCTOR

WHO IT IS FOR

A short, practical session for anyone who wants the confidence to act in a cardiac arrest.

WHAT IT TYPICALLY COVERS

- Recognising cardiac arrest and calling for help
- Adult CPR
- Safe use of an AED (defibrillator)
- Recovery position and choking

Content follows the standard UK course of this type. Exact syllabus and assessment are confirmed when you book.

GOOD TO KNOW

- Small groups, with up to 12 learners per instructor, and up to 6 on FREC courses.
- Courses can be arranged for teams, households and organisations.

REQUEST A QUOTE

Price on request. Email **info@sterlingriskgroup.com** with the course name, number of learners and preferred dates, or use the form at sterlingriskgroup.com/training.

COMING SOON